



FISAC-IRSF

Annual Report

2014-2015



FISAC-IRSF
**WORLD ROPE SKIPPING
CHAMPIONSHIPS**
SWEDEN 2016



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Fédération Internationale de Saut à la Corde - International Rope Skipping Federation
www.fisac-irsf.org

FISAC-IRSF Annual General Meeting 2016

President's Annual Report

This year has been a very productive year for FISAC-IRSF since we are celebrating its 20th Anniversary and 11th World Championships. We have been working tirelessly with Sweden, the host of 2016 World Championships, for the preparation and organization of the event.

In 2015-16, we have achieved many outcomes:

International Relations

- Being a member of TAFISA (The Association for International Sport for All) and sending the first delegates to the 2016 TAFISA Jakarta Games. (October 2016)
- Conducting the first anti-doping test at the World Championships with WADA (World Anti-Doing Agency)
- A number of communications to solidify the connection and relationship with countries and continental groups

Development

- Drafted the international development plan and beginning to implementing part of it to the developing countries
- Sanctioning the first World Inter-School Rope Skipping Championships (November 2015, Dubai)
- Sending a representative to China Open and USA Nationals to develop and maintain deeper understanding of each other
- TAFISA Games 2016 will be another opportunity to introduce Rope Skipping to the grassroots level audience
- Planning to send FISAC-IRSF representatives to developing countries for judges and skills workshops



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Public Relations

- The website has been renewed and attracting over 2000 views/ week (July 2016).
Facebook/ Twitter account has been reinstalled and approximately 4000 viewers/ week have been reached in July 2016.

World Championships

- Closely working with Sweden, the Technical Director (Richard Stannard) and the Tournament Director (Pieter Himpe) to successfully prepare for the championships.

Goals for 2017-18: Short Term

- To further promote the sport of rope skipping internationally.
- To develop rules and standards for rope skipping competitions, that interface with standards of other organizations where applicable, and establish judging, coaching, award/achievement standards.
- To start liaising with other International rope skipping organizations in order to promote the sport of rope skipping.
- To start communicating with non-FISAC member rope skipping organizations around the world in order to promote the sport of rope skipping.
- To begin developing school league programs that could lead to the increase in Worlds and regional rope skipping participation.

Goals: Long Term

- To organize, develop and promote rope skipping as a warm-up; conditioning and fitness activity; as a demonstrative activity and sport; as a competitive sport as well as a mass participation and recreation activity.
- To coordinate rope skipping workshops and competitions internationally, either directly or indirectly through continental, Worlds and regional affiliates.
- To further develop the connections with other International rope skipping organizations in order to promote the sport of rope skipping.



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- To liaise with non-FISAC member rope skipping organizations around the world in order to promote the sport of rope skipping.
- To establish technical and safety standards and codes of conduct for the sport of rope skipping International.
- To establish and monitor standards for affiliated national and regional rope skipping organizations in order to provide a consistent International focus.
- To solidify the FISAC judging program, as well as increase accessibility, reduce fiduciary barriers, and improve learning through the use of established adult-learning techniques for judges.

Thank You

Firstly, I would like to thank all the competitors and athletes in each country for taking up with this wonderful sport. They are the backbone of Rope Skipping/ Jump Rope and they are the future of the sport. I am very aware of the necessity of support in certain countries and more effort into development is essential to our sport and its future. FISAC-IRSF is absolutely ready and motivated to reach out to more and more countries to build a brighter future of the sport.

I also would like to thank coaches, judges and all officials of each countries and clubs. I am here to assure you that they are the key persons to make Rope Skipping/ Jump Rope more competitive (in a healthy way) and leading and mentoring the future of the sport.

Thank you, all the board of directors (present and past), without their effort and hard work FISAC-IRSF would have not achieved this 20 years' anniversary milestone.

I would sincerely like to thank 2016 Swedish World Championship team for their enormous effort and achievement that benefited the sport, all the countries and current as well as future athletes. Congratulations to Kajsa Murmark for her retirement and now I dream of the life after Rope Skipping.

I would like to express my gratitude to the current executive members who worked tirelessly juggling their task with their job, baby or grandkids. They were, no doubt, the miracle makers.

Now I thank you all for allowing me to have involved in this fabulous sport over the past two years.

Takashi Ogawa

President, FISAC-IRSF



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Executive Director's Annual Report

International Relations

Where are we going?

MISSION

The mission of the **FÉDÉRATION INTERNATIONALE DE SAUT À LA CORDE** is to promote the development and regulation of the sport of Rope Skipping/Jump Rope Internationally; by assisting and encouraging athletes, countries, continental organizations and other world organizations to reach their maximum potential. FISAC promotes the practice of good sportsmanship, character and fair play; while ensuring the sport is managed with integrity, fairness and accountability.

VISION

It is the vision of FISAC to see rope skipping widely recognized and respected as a credible sport by delivering consistent, high-quality programming that can be accessed by anyone anywhere in the world. FISAC intends to:

- have skilled volunteer and administrative leadership
- be an athlete-centered organization
- be operated as a professional organization
- increase the sport to recreational users
- have a full complement of qualified coaches, judges and officials
- be an official sport in the multi-sport games such as the Commonwealth Games, Pan Am Games, European Games etc.
- finally, to be an Olympic sport



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VALUES

FISAC believes in and is committed to fair play, excellence, equality, shared ownership, accessibility, teaching skills, safety, quality leadership, and sharing knowledge and resources for the benefit of all rope skippers. FISAC strives to generate pride and respect within its athletes both for themselves and for others. We commit ourselves to the building of self-esteem, self-confidence and a positive self-image.

OBJECTIVES

The objectives of FISAC are:

- To promote the sport of rope skipping Internationally.
- To organize, develop and promote rope skipping as a warm-up; conditioning and fitness activity; as a demonstrative activity and sport; as a competitive sport as well as a mass participation and recreation activity.
- To produce and distribute FISAC promotional and awareness materials Internationally.
- To coordinate rope skipping workshops and competitions Internationally, either directly or indirectly through regional, continental, or international affiliates.
- To develop rules and standards for rope skipping competitions, that interface with standards of other organizations where applicable, and establish judging, coaching, award/achievement standards.
- To liaise with other International rope skipping/ jump rope organizations in order to promote the sport of rope skipping.
- To liaise with non-FISAC member rope skipping organizations around the world in order to promote the sport of rope skipping.
- To establish technical and safety standards and codes of conduct for the sport of rope skipping International.
- To establish and monitor standards for affiliated national, continental and other world rope skipping organizations in order to provide a consistent International focus.



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- To develop school league programs that could lead to the increase in regional, national, continental and World rope skipping participation.
- To solidify the FISAC judging program, as well as increase accessibility, reduce fiduciary barriers, and improve learning through the use of established adult-learning techniques for judges.

Ronald R Kappert, NCCP3

Executive Director – FISAC-IRSF



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Secretary General's Report

It has been an honor and privilege to be on the FISAC-IRSF board and have the opportunity to connect with rope skipping enthusiasts around the world on a regular basis. The enthusiasm, passion, and desire to see the sport continue to evolve and reach its full potential is definitely a shared interest globally, and I am humbled at the opportunity to play a part in this exciting movement. I believe that in the past few months FISAC-IRSF has made great strides on various levels, and is looking toward an even brighter future, including the involvement of even more countries and skippers from around the world.

Below is a brief summary of the ways that I assisted FISAC-IRSF during the past year with my role as Secretary General.

FISAC-IRSF communication

I served as the main contact person for FISAC-IRSF, communicating with the member countries and potential member countries, keeping in contact with TAFISA, and handling various rope skipping inquiries. In preparation for the WC2016 I spent a considerable amount of time communicating back and forth with participating countries, answering questions, and providing information. This involved a lot of e-mail communication and Skype conversations on occasion.

FISAC-IRSF membership

I was responsible for drafting the membership documents, communicating with past and prospective member countries, and processing the membership application documents. At present there are 19 full member countries, 11 provisional member countries, and several others that are considering membership in FISAC-IRSF or in the application process. It is encouraging to see the number of member countries increasing!



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FISAC-IRSF documentation

I was in charge of setting the dates, compiling the agendas, taking minutes, and sending out minutes for all of the executive and board meetings. I also kept track and stored all other documentation, such as the rule book, bid book, WC2016 documents, TAFISA information, etc.

TAFISA (The Association For International Sport for All)

As of 2015, FISAC-IRSF is proud to be a member of TAFISA, and I have kept in contact with TAFISA regarding membership and the upcoming [6th TAFISA World Sport for All Games](#) to be held on October 6 – 12, 2016 in Jakarta, Indonesia.

A FISAC-IRSF executive and a demonstration team from Hong Kong, China is scheduled to represent FISAC-IRSF at the Games, which should be an exciting experience for everyone.

China Open

A FISAC-IRSF executive was invited to observe the China Open rope skipping competition in Libo, China so I went on behalf of FISAC-IRSF from May 19 – 22, 2016. I was very impressed to see how well the competition was organized and the wide range of events in which the skippers competed. The competition truly catered to skippers of all ability levels and was very welcoming to the competing teams from abroad.

China has really come a long way in rope skipping in a very short time, and it is encouraging to see that they are very interested in sharing their love of the sport with other skippers from around the world.

WC2016 preparation

A majority of my time the past few months, and especially in the past few weeks, has been spent on WC2016 preparation. Communicating with the member countries, other FISAC-IRSF executives, Kajsa Murmark and the amazing Swedish Gymnastics Federation team, Richard Stannard (Technical Director), Pieter Himpe (Tournament Director), and other key members in the organization of the event has been a true joy.



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It is an honor to work with such kind, positive, responsible and motivated people, all with the desire to make the WC2016 a great success. I feel that I have also come to know the contact people of each member country better through frequent e-mail communication, so I am very much looking forward to seeing everyone in person in Sweden.

Thank you once again for allowing me the opportunity to serve on the FISAC-IRSF board this past year. I am very much looking forward to seeing what the next year and following years have in store. Thank you in advance for your continued support and cooperation!

Sincerely,

Janet Locke

FISAC-IRSF Secretary General



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Financial Report 2015 (Awaiting Audit)

The table below shows the incoming and outgoing money at the two FISAC-IRSF accounts during the financial year 2015, from 01.01.-31.12.2015.

FISAC-IRSF has one account in Canadian Dollar (CAD) for the purpose of any payments related to the registration with Industry Canada, but is used for other payments, too.

The account in US Dollar (USD) is the regular account for all other payments and for incoming money.

Due to the fact that 2015 was a year without FISAC-IRSF competition, there have been no other payments/incomes than listed below.

CAD account

	Debit	Credit	Balance
Final balance, 31.12.2014			2.552,71 CAD
TAFISA membership fee 2015	556,47		CAD
bank account fee	23,40		CAD
Final balance, 31.12.2015			1.972,84 CAD
		approx.	1.519,09 USD

USD account

	Debit	Credit	Balance
Final balance, 31.12.2014			80.363,19 USD
FISAC-IRSF membership fees 2015		3.329,50	USD
bank account fee	0,00		USD
Final balance, 31.12.2015			83.692,69 USD
Check, WC 2012		31.149,86	31.149,86 USD



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Summary per 31.12.2015

CAD account	1.519,09 USD
USD account	83.692,69 USD
Check	31.149,86 USD

Total balance, 31.12.2015 **116.361,64 USD**

20.07.2016,

Silke Fürnschuß, Treasurer FISAC-IRSF

Oceania Rope Skipping Organization



Membership and Development:

Australia currently is the only member in Oceania. However, we have made some discussion with the Heart Foundation about the possibility of starting teams in New Zealand. Also Takashi Ogawa (TK) has a brief conversation with a Fijian sport organization about starting a rope skipping team/organization. Australia is expanding the sport widely interstate and new clubs are starting up slowly but surely. We are planning to create a skill DVD to support new clubs.

Championships:

Skipping Australia conducts annual national championships in June (even years) or September (odd years). Currently New South Wales and Queensland state championships are independently run by each state body while South Australia and Victoria state competitions are run by the Heart Foundation with Skipping Australia's support. They will become FISAC-like competitions in 2016/7.

Education:

Presently we have 16 FISAC qualified Judges from Australia. Skipping Australia has 100+ judges and the education of the judges is each state's responsibility. As mentioned above, an educational DVD may be published near future.

World Championships: Australia participated in every World Championships since 2004. In 2012 and 2014, Australia was one of the countries who sent most athletes to the FISAC-IRSF



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championships. In 2016, we are sending another large group to Sweden.

Skipping Australia



Skipping Australia has spent the majority of 2015 and the commencement of 2016 in a building phase looking to elevate the profile of our sport within the community and the wider Australian public.

The sport enjoys fifteen separate Clubs and Associations across five of the seven Australian State and Territories. Membership is growing with 750 members in several categories across Australia. In 2016, Skipping Australia hosted the National Championships in Sydney with three other state based events held.

Work has been undertaken to map development pathways for athletes, coaches and officials for both skills assessment, learning and personal development. This program will continue as a funded and purposeful development process for the next few years as Skipping Australia continues to work with member states in the growth of our sport.

Skipping Australia is on a pathway to be recognised as a National Sporting Organisation in 2016 and this will grow our sport and provide significant sponsorship and support opportunities within Australia. We are excited at the prospect of being involved in developing opportunities in the Oceanic region, in partnership with FISAC IRSF. They are looking forward to a very positive year in 2017.





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Asian Rope Skipping Federation



Membership:

ARSF currently has 3 provisional member countries, and 9 full member countries, the most member countries ARSF has had so far. We are in the process of reaching out to other countries and hope to continue to grow.

Board:

Over the past two years ARSF has struggled with some board members not fulfilling commitments and not communicating promptly. However, in June/July 2016 the ARSF board member elections took place, and ARSF is hopeful that the new board members will be much more efficient and effective, taking responsibility for their work, and communicating politely and promptly with each other.

Bylaws:

The ARSF bylaws were revised in March 2016, but due to numerous spelling and grammar mistakes, as well as content issues, the new board will address the task of revising the new bylaws to ensure they are accurate and appropriate.

Financial standing:

ARSF is not financially strong at the moment, with just two sources of income: the membership fee and Asian Championships participation fee. The participation fee has been increased, and we are trying to find out more sources of funding so that we can spend more money on growth.

Technical aspect:

ARSF has struggled over the past year with various technical issues, but we are hopeful that with a new Technical Director in place, and other people willing to help out, that we can make great progress in the coming years. Presently we have 102 ARSF qualified judges from 6 member countries, and we hope to increase the number of countries with qualified judges as soon as possible.



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Publicity:

The ARSF website was upgraded during the past year, and the number of “likes” on social media site Facebook reached has greatly increased to 800+.

Asian Championships:

The next Asian Championships (AC) will be the 9th AC, and it will be held in South Korea in July 2017. We hope to have all of the member countries participate.

China

We have ten enterprise members, four association members, eight club members, and 45 school members. During 2016, we have held four national league races and one national league final, China championship, China open tournament, totally seven competitions. In the national league final competition, Cen Xiaolin broke the world record of 30s speed, totally jumped 222 times, the competitions video have broadcasted 880.000 times only one day. Now more and more Chinese people know rope skipping and begin to do rope skipping.

Hong Kong



Hong Kong Rope Skipping Association, China (HKRSA) is the only one organization to delegation and select skippers to participate in FISAC or ARSF competitions. In the past years, we organized 3 types Competitions, By school's division, Age groups and Elite Level Competitions. There were over 2,000 participants in these competitions. All the competitions were sub vented by Government, these showed our strong status in HK. Because of 20th Anniversary of our Association, we have used a new logo to enhance our cohesion and increase our exposure. In the coming year, we will keep the close

relationships and connection with different NGOs, Social Organizations, Schools etc. We aim to promote Rope Skipping to more aspects.



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Japan



There are currently 204 members in JRSF. This past year JRSF was involved with 3 major rope skipping competitions, 4 judge courses, various rope skipping workshops, and the dispatch of instructors and performers to numerous events as well. Highlights include participating in the 8th Asian Rope Skipping Championships, hosting the 11th All Japan Rope Skipping Championships, and assisting with the Double Dutch Contest World 2016. The number of participants and quality of each competition continues

to enhance each year. JRSF continues to evolve and create new rope skipping opportunities for the nation. JRSF is honored to be a part of FISAC-IRSF, and will continue to work hard to promote rope skipping in Japan, Asia, and around the world.

South Korea

1. Have election and select new board members
2. Held the national championship at end of February.
3. Held judge course and exam for 2016 WC on April 9.
4. Held several instructor courses.
5. Win bid for 2016 AC
6. Held heart disease prevention festival in November 2015
7. Held World multiple-under & speed championships 2016 in Incheon.
8. Participate in competition held in China during May
9. Do required administrative works with regard to Korea's participation in WC2016
10. Held Training camp on July 9 for skippers participating in 2016 WC – Purpose is to increase fellowship to gain a greater sense of being a united team.

Macao

During these 10 years we have succeed to promote rope skipping event to all primary and secondary schools in Macao. Nowadays more than 60% school join in our programs. Our Association holds 2 times of the rope skipping competition, and 2 times of coaching course, 1 time of umpire course in a year. More than 500 participants take part in the events every year. We have over 60 athletes keep on training for Asian and World Championship.



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Pakistan

Pakistan Rope Skipping Federation 2016 Events. Inter School Rope Skipping Championship at Islamabad. Pakistan Rope Skipping Team Participate in China Rope Skipping International Open Tournament in Libo. PRSF organized School Teacher Training Workshop. PRSF arrange Summer Training Camp Watching Video etc. PRSF organized Islamabad rope skipping championship.2016 at Islamabad.

□ Rope skipping is very different game for others. It's getting very popular in Pakistan lots of talent emerging her but due to lack of facilities and lack of coaching we will not produce world class players our request in this meeting is that federation should look off our country also so that we generate good players. We can do lots of things for rope skipping on behalf. we arrange lots of tournaments here for promoting our talent but it's not according to international standards due lack of funds or facilities we also participating in different international tournaments our request to federation is that they will train our coaches and at last we are very thanking full to Asian federation and international federation.





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African Rope Skipping Federation

The African Rope Skipping Federation was born from the initiative of Sandile Ntombela and others who had lots of contributions in many countries. After an extensive work in Africa through Collaboration and individual effort of Sandile Ntombela more African Countries started and implemented Rope Skipping as part of their sporting activities in their Countries. We can easily count the following Countries as:

Southern Africa:

1. Mozambique
2. Swaziland
3. Reunion Island
4. Zambia
5. South Africa

Eastern Africa

1. Tanzania
2. Kenya
3. Ethiopia
4. Uganda
5. Egypt (North east)



Western Africa:

1. Morocco
2. Senegal
3. Gambia
4. Burkina Faso
5. Nigeria
6. Cameroon
7. Central Africa Republic



The Africa Rope Skipping federation is still a young federation with no funds but we are working hard to build it and develop it into a proper and top federation that will make things happen in Africa working with other partners and stakeholders with interest in help-ing the continent and the federation reach the full operational speed.



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Membership

The ARSF had not requested official membership Affiliation from the potential member countries for many reason one being that it was still under the process of being registered with the South African Companies & Intellectual Property Commission. Now that the Commission has granted the Certificate of Operating we will start with the process of call-ing for Official Membership Affiliation.

Challenges

There a lots of challenges within a lots of countries due to lack of infrastructure and hindering proper communication and also for other leaders within the countries struggling to register federations with their sport ministries or Government so it is a long patient process that we are engaged on to build up Africa.

We will not give up just because of the challenges we will still work together and push for those countries that has not gotten the recognition of their Governments to get such recognition and be fully fledged National Rope Skipping Federation of such Countries.



Future Goals

1. To have a full official membership Application process done by 5th December 2016
2. Host our First Official AGM with Affiliated Members in 5 April 2017
3. Plan and host our first Junior African Championships by June/July 2017
4. Plan and implement developmental plan and project where possible depending on the availability of resources.
5. Train Coaches, Judges and Jumpers in the still developing countries so that they catch-up and can also have a fair competition.



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Report Conclusion

There is a lot of potential in Africa and Africa is hungry for knowledge in both the Judging field and the coaching field any assistance in a form of such trainings will be well received and appreciated by all Africans as that will mean a great deal in the development of the sport within the continent.

It will be a big mistake on my side if I don't credit the following people or organisations who have in the past worked tirelessly with me / South Africa to ensure that the sport is spread all over Africa those are :

1. FFDD—French Federation Double Dutch played a huge role in the west African countries former French Colonies.
2. Mike Fry / One World One Rope played a great deal of developing the Sport in Kenya and Tanzania in Partnership with South Africa.
3. Maarten Goedeme—for the great work he did in South Africa and Ethiopia with the help of South Africa.
4. Peter Nestle—for all the work he did and still do in Egypt , Nigeria , Kenya and Tanzania

These are the people that have taken time out of their busy schedules to come and invest in Africa in a way of teaching many of us the beautiful sport of Rope Skipping, these guys did not only invest their time but also invested a lot of resources in a way Ropes, Takkies etc.

On behalf of Africa as a whole we thank all of them and we are very proud to have been privileged enough to know them and work with them in many spheres of the Continent.



Pan-American Rope Skipping Organization



There's a saying that "a house divided against itself cannot stand". This saying I believe captures succinctly the present condition of the jump rope 'family' of the Pan-American Region. We are a divided and fractious region.

While most might agree that there is a general split in the world of jump rope, it is no mean statement when I say that the Pan- American region has been hit the hardest, and has become the main casualty.

The interesting thing is that some of the stakeholders in the region, has seen it as a progressive move. So the 'new normal' in the region is that of a separate jump rope 'inter-regional and intra-regional' bodies 'peddling' their own agenda where jump rope is concerned.

A lot of the innovations in the sphere of science has been led by Dr. Sarah Dobrowolski, she has produced a lot of ground-breaking work with regards to the science of Rope Skipping/Jump Rope. FISAC-IRSF would do well to engage the expertise of Dr. Dobrowolski.

The Pan-American Region has as it's main jump rope sports administrative bodies as following:

- USA Jump Rope
- Rope Skipping Canada
- JumpTNT- Trinidad and Tobago Jump Rope Federation



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USA Jump Rope



USA Jump Rope Federation currently has 2107 members. We hosted 13 regional qualifiers, 2 All-Star Workshops, 1 National Open Qualifier, 1 Team USA Assignment, 1 Summer Camp, 13 sanctioned workshops and open tournaments. We have a new coach liaison position to help mentor and start new teams. We hosted our 2016 U.S. National Jump Rope Championships at Walt Disney World for the second year with great success and hosted a unification meeting

between all USA organizations, FISAC and WJR.

We appreciate Ron Kappert's attendance on behalf of FISAC-IRSF. We made great strides at building our USA contingency back and working closer with FISAC. USA Jump Rope continues to be a very strong and vibrant body. Even though there has been challenges to their structure and operations brought about by the existence of World Jump Rope, there has been no fundamental shift in their ability to provide services to their membership. They remain the model body in the Pan-America. A lot of what needs to be solved in the region will be found through the support and guidance of this august body.





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Rope Skipping Canada

Rope Skipping Canada has 1295 registered members and hosts one annual national championship and camp. Our 2016-2017 board of directors is:



President - Sam Ashley
Vice-President - Erin Gillespie
Secretary - Jackie Ball
Treasurer - Russ Paton
Director (British Columbia) -
Deirdre DeGagne
Director (Alberta) - Amy Cornett
Director (Ontario) - Mary Kish
Director (Nova Scotia) - Sarah
Dobrowolski

Provincial affiliates each host one annual provincial championship along with other local and regional camps and competitions. This year, we developed our first Long-Term Athlete Development framework called "Rope Skipping for Life". This document, along with our CANSkip Skill Development Program, will be the foundation of all our future coaching and athlete development programs. Rope Skipping Canada also continues to be strong body. In recent years they have become the bastion for the 'science of the sport of jump rope.' They have worked on

1. Creating a Long Term Athlete Development model
2. Best practice research into athlete preparation
3. Creation of online instructional guides for coaches

Trinidad and Tobago Jump Rope Federation



Trinidad and Tobago Jump Rope Federation is the only Federation in it's region, ie. The Caribbean. It is recognized by it's government as the governing body for the sport of Jump Rope, and receives assistance as the other mainstream sports. It's programme is a very young one, but has been able to grow into a very competitive one. The interesting fact, however, is that the following individuals have been very supportive, personally to the federation:

- Mrs. Marian Fletcher (USAJR)
- Mr. Sam Ashley (ROPESKIPPING CANADA)



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There are over seven (7) billion people in this world, and it would be safe to say that not even one (1) percent is involved in the sport. It is safe to say also that not even one percent jumps rope in the Pan-American region.

Therefore, the only thing we can do, constructively, is to work together to grow the sport, one percent at a time. The present situation of creating rival bodies and rival competitions will only serve to make getting one percent of the world, and by extension the region, involved in the sport more difficult. For a sport in its embryonic stage, our efforts as a jump rope body seems to have be to 'abort' its development and growth. Are we willing to lose such a pressure 'creation'? Are we to let ego rule? We need our sport administrative bodies to act more collegiately towards each other.

However, the ultimate decision for the sport is in the hands of the stakeholders. What it becomes in the region will be what we let it....



European Rope Skipping Organization



Membership

The European Rope Skipping Organization continues to grow. We now have 10 national members (Austria, Belgium, Czech Republic, Denmark, Germany, Hungary, Italy, Russia, Sweden, Switzerland) and 4 club members (The Netherlands, Portugal, Slovakia, Spain). Furthermore, we are working together with Estonia, Finland, Israel, Poland and Romania.

For development purposes we have a group of Ambassadors that helps new countries with workshops camps, judges course, competitions and more. Sometimes they also help skippers in new countries get ready for EC/EM/EOT so more countries can compete

Finances

- ERSO is in good standing financially
- Last year we reduced membership fees to encourage new countries to join

Meetings

- Board meetings at competitions and events and sometimes during the year if necessary
- Executive board meetings every 2-3 months
- AGM every year at competitions/events

Complete listings of their board members and positions

- President Richard Stannard (Germany)
- Vice President Mia Mønster (Denmark)
- Secretary General Pieter Himpe (Belgium)
- Treasurer Silke Fürnschuß (Austria)
- Board Member Sebastien Hoek (The Netherlands)
- Board Member Jana Cerná-Beránkova (Czech Republic)
- Board Member Judith Kovacs (Hungary)
- Board Member Kajsa Murmark (Sweden)
- Board Member Benjamin Schmitz (Germany)

Competitions

- European Team Championships and European Masters together with European Open Team Tournament every second year (odd years)
- European Show Contest every second year (even years)
- SC in 2016 maybe in Czech Republic



In July 2015 Germany hosted the European Championships (Teams and Masters) and the Open Tournament in Idar Oberstein. The event was very successful and the level of skipping was very high. In 2017 the EC will be in Portugal.

As far as we know all members have national championships (team and/or Masters) and some also regional and other competitions as well. Many competitions are open to skippers from other countries so that they can gain experience and meet skippers from other countries.

Workshops and development

Just after EC/EM/EOT we usually have a two-day camp, judges course and a forum where skippers, judges, club people and more can meet and exchange good ideas and more. At the forum in 2015 we had workshops on how to make a year plan, how to grow the sport in your country, when to start competition, how do you finance your material, competitions and travels, Freestyle technique and more.



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We have a group of ambassadors that help new countries with workshops, camps, judges course, competitions and more. Sometimes they also help skippers in new countries get ready for EC/EM/EOT so more countries can compete.

Strengths

Members are close together and can easily travel which makes development and competitions easier. Even though we are all very close we still have small differences but due to the close relationship between skippers and coaches in different countries we understand and respect each other and it is very easy to seek advice and inspiration for the sport to grow.



In the even years we have the European Show Contest which is a show competition for teams consisting of 4-6 skippers. Team consists of mixed ages and genders. The shows are judged by two panels: one regular Rope Skipping panel and one panel of non-Rope Skipping people for instance choreographers, dancers, TV and theater people, gymnasts and more. This means that there are two sets of medals. This competition will be hosted in Prague, Czech Republic in November 2016.

Austria

Rope Skipping in Austria is a division within the Austrian Gymnastics Federation. This arrangement gives us the bigger outreach of people to get to know our sport. We are working on the recognition by the Austrian Government, but the last step that needs to be fulfilled is out of our hands: the affiliation of FISAC-IRSF with SportAccord.

In the meantime, we are trying to have more people involved in our sport. Currently 5 clubs from 3 regions are constantly participating in competitions, but the number of recreational clubs is increasing. We are working to help them to find their way to the competitions.

In 2016 we already had the Austrian Masters competition and a Friendship Cup for Teams, where we invited the Slovakian Rope Skippers.

During the regional Championships of Niederösterreich (Lower Austria), the new Austrian 30 sec. Speed record was jumped, with 188 steps.

Later this year follows the yearly Rope Skipping Camp and the participation of at least one group at the 2nd ERSO



Belgium



BRSFVlaanderen vzw is the national rope skipping organization in Belgium since 2008. Since 2015 BRSFVlaanderen vzw is funded and recognized by the Belgian government, which means it has 2 full time employees working to develop rope skipping in Belgium.

A total amount of 5250 rope skippers in 40 clubs are officially affiliated in 2016 (1500 competitive skippers and 3750 recreational skippers)

Every season BRSFVlaanderen vzw organizes up to 25 competitive events and 5 recreational events on different levels.

Denmark

Currently we have 1100 registered skippers in 39 different clubs. Furthermore, we know about 10 to 15 clubs who have Rope Skipping in their program but do not make use of the central organization GymDanmark.

We have two annual regional team competitions and both national team and master's competitions with app. 200 skippers competing. Also we have the Danish-Swedish Team Championships every year together with Sweden.

Camps are arranged two times a year by local clubs.

GymDanmark also offers 3-4 courses during the year targeted skippers, coaches and officials. In 2015 220.000 schoolchildren participated in a nationwide project about being more active in school and these all given a jump rope - this has positively spread the sport even more.



Hungary



Hungary has about 500 skippers who are competing during the year. We have 4 types of national championships, Masters, Team, Student Olympics and Demo Cup. We organize one national camp and judges course every year. Currently we are following the FISAC-ERSO system with judging and are keen members of the FISAC and ERSO continental championships, but we already have major teams going different direction due to the current changes and the rules.

We very much would like to see a strong board and leadership and the vision of FISAC to make sure not to lose more teams due to these problems.

Portugal

Rope skipping was introduced in Portugal in 2001. Nowadays there are 200 athletes affiliated in Portuguese Association of Rope Skipping which was founded in 2011. There are 6 rope skipping clubs in Portugal.

The Masters European Championship in 2012 was organized by Portuguese Association of Rope Skipping, as well as the Latin Tournament in 2013.

Since 2011 there are 4 to 5 national sporting events every year.

A Portuguese male rope skipping team holds the Masters European Record of Single Rope 4x30 speed relay

Russia



During the year, it held about 10 events. The most important of them is Russian Championship 6,7 of May. Chief judge Victoria Kiss (Hungary)

In the championship was attended by more than 50 athletes from different cities of Russia.



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The following groups were represented:

1. "JUMP IN LIFE". Orel. Head: Valeriy Boyko.
2. Omsk. Head: Gomzikova Tatiana.
3. "Blue bird". M. O. G. Kolomna Head: Baizaev S. H., Ryzhov A. A..
4. "Maximus". Krasnodar Krai. Head: Megel A. G.
5. "Astra". Tula. Head: Brezhnev E. V
6. "Creative" Rostov-on-don. Head: Irina Gorban.
7. "J-NN". Nizhny Novgorod, Russia. Head: Maxim Losev.
8. "CSKA". Moscow. Head Of Baktybekov Rustam.
9. "Modern". Moscow. Head: Krishnaa Hope.
10. GBOU School № 1179. Moscow. Head: Stanislav Demchenko.
11. "InVi". Moscow. Head: Zhudova Anna.

Also winners of special nominations were determined by the results of the team competition of the championship:

I place - the team "Creative" Rostov-on-don. Head: Irina Gorban.

II place –the team "Maximus". Krasnodar Krai. Head: Megel A. G.

III place - the team "Blue bird". M. O. G. Kolomna Head: Baizaev S. H., Ryzhov A. A.

Development highlights:

- Increase in the number of regional offices
- An increase in the total number involved in Russia
- Conducting a presentation at the Ministry of Sport
- Preparation of documents for the recognition of the sports discipline
- Development methodological handbook in Russian
- The formation of their own judges base for Russian events
- Seminars with foreign trainers

Switzerland



The organization ROPESKIPPING Swiss is running the events of Rope Skipping in Switzerland. The board consists of 9 members. Switzerland has about 500 skippers. There are two national competitions during the year. The single rope Swiss masters takes place in spring and the team competition in autumn.

During the Swiss masters 2016 there was a new record in number of presented freestyles (73). Also in each event the speed records of Switzerland are getting higher. ROPESKIPPING Swiss is constantly promoting the sport in Switzerland. We try to reach new athletes and we support the founding and establishing of new clubs. Since 2015 we have a member club from the French-speaking part of Switzerland. This implicates, that all the events are now held bilingual, in German and French.



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Sweden



This is a great period in the history of Swedish Ropeskipping.

After a great success in WC 2014 in Hongkong the Swedish Gymnastic Federation together with Kämpinge Gymnastic Club decided to give a bid from Sweden to organize The World Championships in Malmö 2016.

In March 2015 we got a phonecall telling us that FISAC-IRSF and the

membercountries had voted for Sweden and Malmö to get the responsibility to organize the Worlds 2016.

From that day we started to work toward the greatest goal for the ropeskipping sport.

After one and a half year ,more than 20 countries from different part of the World compete in Swedish Open, Junior and Senior World Championships.

As a result of this planning and work we can see an increasing effect of interest for ropeskipping as a competition sport in our country.

Sweden has every year competitions for beginners "Vikingahoppet" in team and individual.

This period we created an new kind of competition, one step higher but with simplified rules

And after that the Swedish Championships with the FISAC-IRSF rules.

During this period Sweden participated in the Show contest in Graz in Austria and also in the Swedish-Danish and the Danish-Swedish anual competitions.

Ropeskipping is one of 8 competition disciplines within the Swedish Gymnastic Federation.



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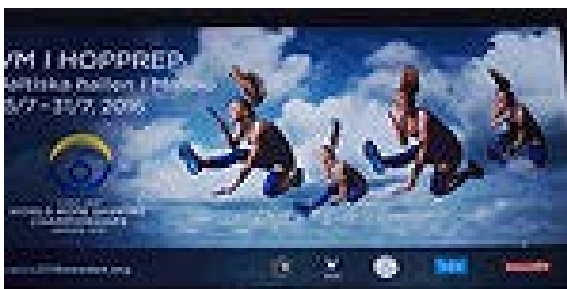
A very big THANK YOU to our Federation for all help to organize this years WC.

Sweden has about 10 competition clubs but lots of clubs that practise ropeskipping for fun as a recreation sport.

We had to cancel this years anual summercamp because of the WC.

Next period we have to make more efforts to develop education and camps again within our own country.

Thank you all for visiting Sweden END





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To our FISAC-IRSF valued members

I wish to thank all the Federations, Organizations, Countries, Clubs, Coaches and my fellow executive and board members, for their valued input to help prepare and make this report a reality

I humbly submit this Annual report on behalf of:

Federation Internationale de saut ala corde (FISAC)
International Rope Skipping Federation (IRSF)

To the members

Ronald R Kappert NCCP3
Executive Director – FISAC-IRSF

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