



**World Championship 2020**

**Ottawa, Canada**

**Important Planning Information**

**Packages & Pricing**





**We'd like to welcome all member countries to participate in the inaugural 2020 International Jump Rope Union World Championship in Ottawa, Canada.**

**TD Place Arena will host the IJRU World Championship July 8-13 and the Junior World Championship July 5-7. Aberdeen Pavilion will be the site of the International Open Tournament July 5-7. Both venues are located in the lively Lansdowne Park complex, surrounded by hotels, restaurants, shops, parks and a very scenic riverfront. All-inclusive package holders will be housed at the nearby Carleton University. Packages that include the World Championship also include a 1-day skills camp lead by an elite staff. An event timeline is as follows:**

- 4 July 2020 – Early Check In – Carleton University**
- 5 July 2020 – IJRU Global Symposium**
- 6-7 July 2020 – IJRU Junior World Championship – TD Place Arena**
- 6-7 July 2020 – IJRU International Open Tournament – Aberdeen Pavilion**
- 8-10 July 2020 – IJRU World Championship – TD Place Arena**

- **11 July 2020 – Double Dutch Contest – TD Place Arena**
- **12 July 2020 – Finals – TD Place Arena**
- **13 July 2020 – Camp – TD Place Arena**
- **13 July 2020 - IJRU General Congress – Carleton University Auditorium**
- **13 July 2020 – Judges Clinicians Training – TD Place Arena**
- **14 July 2020 – Check out**

**This year, we will build upon the success of prior years with some wonderful opportunities. Please take these into consideration when making your travel plans.**

### **July 5th:**

#### **\*\*International Jump Rope Union Global Symposium\*\***

Join us for the first ever IJRU Global Symposium. Meet with leaders of the sport and engage in break out sessions with subject matter experts on a multitude of issues. Detailed information will be published soon.

Time: 09:00-16:00

Location: TBD

**Mandatory - Coaches Meeting-Junior World Championship and International Open Tournament:** The Head Coach/Head of Delegation or Coach of Record **must** attend the Coaches meeting.

Time: 19:00 - 21:00

Location: TBD

### **July 7th:**

**Mandatory - Coaches Meeting-World Championship:** The Head Coach/Head of Delegation or Coach of Record **must** attend the Coaches meeting.

Time: 19:00 - 21:00

Location: TBD

## **IJRU ANNUAL GENERAL MEETING**

The **2020 IJRU Annual General Meeting (AGM)** will occur at the conclusion of the World Championship on **July 13th**. Specifics on time and location will be announced in the registration packet on January 1, 2020.

### **Camp & Educational Opportunities:**

A variety of training opportunities will be offered on July 13 during the camp. Judge Clinician training, instructor certification, and numerous educational sessions will be offered. Register early to guarantee your spot. Course descriptions and schedules will be in the registration packet available on January 1st.

**Level 1 Instructor Certification Part 1:** Part One is online (via smartphone, tablet or computer) and includes four modules.

- Single Rope Freestyle (Fundamentals, Individual Skills, Pairs, Safety, etc.)
- Long Rope (Fundamentals, Long Rope Activities, Double Dutch, Longer Rope Activities)
- Performing and Group Activities (Choreography, Group Activities for both Single and Long Rope)
- Jump Rope Applications (Jump Rope Instruction Program, Activity Centers, Playground Activities, Sports Applications, and Links to PE Curriculums).

**Each topic in each module has a short assessment. Successfully completing Part One online is required for participation in Part Two.**

The link and cost will be provided in the registration packet.

### **July 13th:**

- **Judge Clinician Training:** Become a part of our IJRU team of Judge Clinicians! Once certified, you will be able to offer training to other teams and judges. Do not miss out on this opportunity to gain the knowledge needed to train judges in your country.
- **Level 1 Instructor Certification Part 2:** Part 2 is a hands-on practical portion (live course) that will include opportunities for demonstrations and instructional assessments in single rope and long rope formats. The live course will be active, so dress appropriately. Part 1 (online portion) is a prerequisite to Part 2. The link for part 1 will be in the registration packet.
- **University Jump Rope:** Learn how to create university teams and discuss the involvement and collaboration between universities that will promote and encourage participation globally in the sport of jump rope.

The 2020 International Jump Rope Union World Championship venue/Junior World Championship, the TD Place Arena and the and International Open Tournament venue, Aberdeen Pavilion, are both located in beautiful Ottawa, Canada at Lansdowne Park. Our hosts have provided a superior facility! The All-Inclusive packages will have lodging and most meals at Carleton University very nearby.

Following the World Championship, there will be a one day world camp staffed by some of the World Champions to make for a fun and exciting learning environment!



ALL PACKAGES ARE PRICED IN US Dollars (USD)

## 2020 International Jump Rope Union World Championship Packages

[Register your team at http://registration@IJRU.sport](http://registration@IJRU.sport)

### Participants (Competitors)

	All Inclusive Package Options	Schedule	Packages include meals, rooms, and transportation*.	Cost
1	Junior World Championship/ International Open Participant All Inclusive <b>Early Arrival Package</b> July 4th-July 8th	<ul style="list-style-type: none"> <li>● July 4 Check-in</li> <li>● July 5</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 6 &amp; 7</li> <li>● JWC/IOT</li> <li>● July 8 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● JWC/IOT Registration fees</li> <li>● 11 meals (Dinner July 4th-Breakfast July 8th)</li> <li>● Lodging &amp; Local Transfers*</li> <li>● Event Gifts</li> </ul>	\$480
2	Junior World Championship/ International Open Participant All Inclusive July 5th-July 8th	<ul style="list-style-type: none"> <li>● July 5 Check-in</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 6 &amp; 7</li> <li>● JWC/IOT</li> <li>● July 8 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● JWC/IOT Registration fees</li> <li>● 8 meals (Dinner July 5th-Breakfast July 8th)</li> <li>● Lodging &amp; Local Transfers*</li> <li>● Event Gifts</li> </ul>	\$395
3	World Championship Only Participant All Inclusive <b>Early Arrival Package</b> July 6th-July 14th	<ul style="list-style-type: none"> <li>● July 6 Check-in</li> <li>● July 7</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 8-12 WC</li> <li>● July 13 Camp</li> <li>● July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● World Championship Registration fees</li> <li>● 23 meals (Dinner July 6th-Breakfast July 14th)</li> <li>● Lodging &amp; Local Transfers*</li> <li>● Event Gifts</li> <li>● Event Gala-July 12th</li> <li>● Camp</li> </ul>	\$950
4	World Championship Only Participant All Inclusive Package July 7th-July 14th	<ul style="list-style-type: none"> <li>● July 7 Check-in</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 8-12 WC</li> <li>● July 13 Camp</li> <li>● July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● World Championship Registration fees</li> <li>● 20 meals (Dinner July 7th-Breakfast July 14th)</li> <li>● Lodging &amp; Local Transfers*</li> <li>● Event Gifts</li> <li>● Event Gala-July 12th</li> <li>● Camp</li> </ul>	\$865
5	DDCW Participant All Inclusive Package July 10th-July 12th	<ul style="list-style-type: none"> <li>● July 10 Check-in</li> <li>● July 11 DDCW</li> <li>● July 12 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● DDCW Registration fees</li> <li>● 5 meals (Dinner July 10th-Breakfast July 12th)</li> <li>● Lodging &amp; Local Transfers*</li> <li>● Event Gifts</li> </ul>	\$205

6	World Championship Entire Event Participant All Inclusive <b>Early Arrival Package</b> July 4th-July 14th	<ul style="list-style-type: none"> <li>July 4 Check-in</li> <li>July 5</li> <li>19:00 - 21:00 Mandatory Coaches Meeting</li> <li>July 6-7 JWC/IOT</li> <li>July 8-12 WC</li> <li>July 13 Camp</li> <li>July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>Championship Registration fees</li> <li>29 meals (Dinner July 4th-Breakfast July 14th)</li> <li>Lodging &amp; Local Transfers*</li> <li>Event Gifts</li> <li>Event Gala-July 12th</li> <li>Camp</li> </ul>	\$1,140
7	World Championship Entire Event Participant All Inclusive Package July 5th-July 14th	<ul style="list-style-type: none"> <li>July 5 Check-in</li> <li>19:00 - 21:00 Mandatory Coaches Meeting</li> <li>July 6-7 JWC/IOT</li> <li>July 8-12 WC</li> <li>July 13 Camp</li> <li>July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>Championship Registration fees</li> <li>26 meals (Dinner July 5th-Breakfast July 14th)</li> <li>Lodging &amp; Local Transfers*</li> <li>Event Gifts</li> <li>Event Gala-July 12th</li> <li>Camp</li> </ul>	\$1,055

	Participant Event Only Package Options	Schedule	Packages do not include meals, rooms, or transportation.	Cost
8	Junior World Championship/International Open Participant Event Only Package July 5th-July 7th	<ul style="list-style-type: none"> <li>July 5 Check-in</li> <li>19:00 - 21:00 Mandatory Coaches Meeting</li> <li>July 6 &amp; 7</li> <li>JWC/IOT</li> </ul>	<ul style="list-style-type: none"> <li>JC/IOT Registration fees</li> <li>Event Gifts</li> </ul>	\$195
9	World Championship Only Participant Event Only Package July 7th-July 13th	<ul style="list-style-type: none"> <li>July 7 Check-in</li> <li>19:00 - 21:00 Mandatory Coaches Meeting</li> <li>July 8-12 WC</li> <li>July 13 Camp</li> </ul>	<ul style="list-style-type: none"> <li>World Championship Registration fees</li> <li>Event Gifts</li> <li>Event Gala-July 12th</li> </ul>	\$395
10	DDCW Participant Event Only Package July 10th-July 11th	<ul style="list-style-type: none"> <li>July 10 Check-in</li> <li>July 11 DDCW</li> </ul>	<ul style="list-style-type: none"> <li>DDCW Registration fees</li> <li>Event Gifts</li> <li>Event Gala-July 12th</li> </ul>	\$125

11	World Championship Entire Event Participant Event Only Package July 5th-July 13th	<ul style="list-style-type: none"> <li>● July 5 Check-in</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 6-7 JWC/IOT</li> <li>● July 8-12 WC</li> <li>● July 13 Camp</li> </ul>	<ul style="list-style-type: none"> <li>● Championship Registration fees</li> <li>● Event Gifts</li> <li>● Event Gala-July 12th</li> </ul>	\$445
----	-----------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------	-------

\*Local Transfers will be limited to certain days and hours between the *Ottawa Airport (YOW)* and *Carleton University* for “All Inclusive Packages” only. *There will also be transportation between Carleton University and the competition venues daily.* \*Specific transportation restrictions and information will be publicized in the *IJRU 2020 Registration Packet* available on *January 1st.*





## 2020 International Jump Rope Union World Championship Packages

### Non-Participants (Coaches, Chaperones, and Spectators)

	All inclusive Package Options	Schedule	Packages include meals, rooms, and transportation.	Cost
12	Junior World Championship/ International Open Non-Participant All Inclusive <b>Early Arrival Package</b> July 4th-July 8th	<ul style="list-style-type: none"> <li>● July 4 Check-in</li> <li>● July 5</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 6 &amp; 7</li> <li>● JWC/IOT</li> <li>● July 8 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● Entry for all days of JWC/IOT</li> <li>● 11 meals (Dinner July 4th-Breakfast July 8th)</li> <li>● Lodging &amp; Local Transfers*</li> </ul>	\$390
13	Junior World Championship/ International Open Non-Participant All Inclusive Package July 5th-July 8th	<ul style="list-style-type: none"> <li>● July 5 Check-in</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 6 &amp; 7</li> <li>● JWC/IOT</li> <li>● July 8 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● Entry for all days of JWC/IOT</li> <li>● 8 meals (Dinner July 5th-Breakfast July 8th)</li> <li>● Lodging &amp; Local Transfers*</li> </ul>	\$305
14	World Championship Only Non-Participant All Inclusive <b>Early Arrival Package</b> July 6th-July 14th	<ul style="list-style-type: none"> <li>● July 6 Check-in</li> <li>● July 7</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 8-12 WC</li> <li>● July 13 Camp</li> <li>● July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● Entry for all days of World Championship</li> <li>● 23 meals (Dinner July 6th-Breakfast July 14)</li> <li>● Lodging &amp; Local Transfers*</li> </ul>	\$760
15	World Championship Only Non-Participant All Inclusive July 7th-July 14th	<ul style="list-style-type: none"> <li>● July 7</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 8-12 WC</li> <li>● July 13 Camp</li> <li>● July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● Entry for all days of World Championship</li> <li>● 20 meals (Dinner July 7th-Breakfast July 14th)</li> <li>● Lodging &amp; Local Transfers*</li> </ul>	\$675
16	DDCW Non-Participant All Inclusive Package July 10th-July 12th	<ul style="list-style-type: none"> <li>● July 10 Check-in</li> <li>● July 11 DDCW</li> <li>● July 12 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● Entry for DDCW Event</li> <li>● 5 meals (Dinner July 10th-Breakfast July 12th)</li> <li>● Lodging &amp; Local Transfers*</li> </ul>	\$165

17	World Championship Entire Event Non-Participant All Inclusive <b>Early Arrival Package</b> July 4th-July 14th	<ul style="list-style-type: none"> <li>● July 4 Check-in</li> <li>● July 5</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 6-7 JWC/IOT</li> <li>● July 8-12 WC</li> <li>● July 13 Camp</li> <li>● July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● Entry for all days of Championship</li> <li>● 29 meals (Dinner July 4th-Breakfast July 14th)</li> <li>● Lodging &amp; Local Transfers*</li> <li>● Event Gala-July 12th</li> </ul>	<b>\$930</b>
18	World Championship Entire Event Non-Participant All Inclusive Package July 5th-July 14th	<ul style="list-style-type: none"> <li>● July 5 Check-in</li> <li>● 19:00 - 21:00 Mandatory Coaches Meeting</li> <li>● July 6-7 JWC/IOT</li> <li>● July 8-12 WC</li> <li>● July 13 Camp</li> <li>● July 14 Check-out</li> </ul>	<ul style="list-style-type: none"> <li>● Entry for all days of Championship</li> <li>● 26 meals (Dinner July 5th-Breakfast July 14th)</li> <li>● Lodging &amp; Local Transfers*</li> <li>● Event Gala-July 12th</li> </ul>	<b>\$845</b>

\*Local Transfers will be limited to certain days and hours between the *Ottawa Airport (YOW)* and *Carleton University* for “All Inclusive Packages” only. *There will also be transportation between Carleton University and the competition venues daily.* \*Specific transportation restrictions and information will be publicized in the *IJR 2020 Registration Packet* available on *January 1st*.



**Carleton**  
**UNIVERSITY**

**Canada's Capital University**





To: IJRU Jumpers/Skippers,  
Coaches, Parents, and all other Stakeholders,

The 2020 IJRU World Championships in Ottawa, will have anti-doping control. IJRU's anti-doping initiative is athlete centered. The purpose of anti-doping is to promote fair play, instill healthy lifestyle behaviors, and make the sport of jump rope consistent with Olympic regulations.

For more information please go to <http://ijru.sport/wada>

As always, there will be a team of Athletic Trainers/Physiotherapists/Chiropractors at the venue for the athletes. They are mainly there to provide emergency response and basic first aid. Any additional services (ex: ankle taping, kinesio-taping, stretching, etc.) will be charged individually and accordingly.

Thank you,

IJRU Medical Committee

January 1st, 2020

Registration package becomes available online. Includes information on:

- **Indemnity and release form:** All participants, judges, volunteers and all-inclusive package holders must sign this form when registering.
- **Code of Conduct:** All athletes, coaches and spectators must follow.
- **Credential photo:** Upload a current photo of each participant (all jumpers plus anyone on an all-inclusive package.) Photo should be **HEAD AND SHOULDERS ONLY**, portrait orientation. Photo file size should be 1M or smaller.
- **Rooming List:** Rooms will be 2 or 4 per room with a shared bathroom. Those sharing rooms MUST be on the same package.
- **Local Transfers:** Local Transfers will be limited to certain days and hours between the *Ottawa International Airport (YOW)* and Carleton University for “All Inclusive Packages” only. There will also be transportation between Carleton University and the competition venues. *\*Specific transportation restrictions and information will be publicized in the IJR 2020 Registration Packet available on January 1st.*

**Registration opens online on February 1, 2020!!!**



shutterstock.com • 1482429704

# Questions and Answers

## WHAT COMPETITIONS WILL TAKE PLACE AT THE IJRU 2020 WORLD CHAMPIONSHIPS?

The 2020 World Championships will include the following competitions:

World Championships (WC) Ages 15 and Older

Junior World Championships (JWC) Ages 12-14

International Open Tournament (OT) Ages 12-14; 15-17; 18+; 30+

Double Dutch Contest World (DDCW) Ages TBA

Review the [IJRU Competition Manual](#) for a full list of events, age and gender categories, and age category cut off dates.

## WHAT RULES WILL IJRU USE FOR THE 2020 WORLD CHAMPIONSHIP?

We will be using the [IJRU Judges Manual and Competition Manual](#). We recommend that you review these rules in order to best prepare for the World Championship.

For more information about the IJRU rules, please follow the [Technical Committee News feed](#) or send an email to [tcom@ijru.sport](mailto:tcom@ijru.sport) if you have a question.

We will continue to publicize clarifications around the rules as needed.

## HOW MANY ATHLETES/TEAMS CAN EACH COUNTRY SEND TO THE WORLD CHAMPIONSHIPS?

The 2020 WC, JWC, OT and DDC is unique from any other international event our sport has held because we have more potential countries participating than ever before. Our objective is to maximize participation so that we can make IJRU 2020 a great experience.

With this in mind, we have decided to create a minimum amount per NGB per event with additional rounds of registration to follow. This will allow more athletes to participate in the spots that were not filled by NGBs. A detailed chart of minimum spots per country per event will be communicated in the near future for the WC, JWC and OT. The DDC may have a different qualifying procedure.

Each **IJRU member National Governing Body (NGB)** will be able to send a minimum of three athletes/teams in each event and gender category (Female, Male, Mixed) for the World Championship. They will also be able to send at least three entries in each event for the IJRU Junior World Championship. As of now, NGBs should plan for three spots in each event and we will give guidance on additional entry slots as they become available. We want to emphasize that the number three is a starting point. We want to allow as many athletes the opportunity to compete as possible.

We plan to have similar events in the Open Tournament. The Open Tournament will run concurrently with the Junior Championships in an adjacent venue. Our goal is to provide at least three slots in this competition in all gender and age categories. Again, this is a starting point with plans to add more slots during the registration process. We are planning to include more age categories in the Open Tournament. Please stay tuned for more information.

#### HOW DO ATHLETES QUALIFY FOR THE IJRU WORLD CHAMPIONSHIPS?

All athletes will need to qualify through their respective NGB. IJRU doesn't set the qualification criteria for each country. We do encourage NGBs to utilize the IJRU rules for qualifying for the 2020 World Championships. However, it is not required. Please note that participation in the WC, JWC and OT is determined by the NGB. We encourage NGBs to maximize participation through their respective qualifying procedures and processes. You can contact your NGB to find out more about the qualification process. [View a list of all IJRU member NGBs](#) to find out more information about the NGB in your country/sport territory .

Double Dutch Contest World qualifications for the WC 2020 will be available soon.

